



**Federal Aviation  
Administration**

***55054002  
EN ROUTE  
RADAR ASSOCIATE  
CONTROLLER TRAINING PART B:  
NONRADAR***

**Handout 1: Practice Exercises 1, 2, 3  
Lesson 1: Longitudinal Separation**

**Version: 1.0 2022.08**

***INSTRUCTOR HANDOUT***

PAGE INTENTIONALLY LEFT BLANK

# PRACTICE EXERCISE 1: APPLYING 44 OR 22 KNOT SEPARATION

---

## Practice Exercise 1: Applying 44 or 22 Knot Separation

- **Purpose**

- Apply the 44 or 22 knot rule for longitudinal separation

- **Materials**

- Practice exercise 1 from Lesson 1 handout
- Pen or pencil

- **Directions**

- This exercise takes approximately 30 minutes to complete. Scan the map and flight strips. Write your answers to questions 1-4 in the space provided, indicating whether the 44 or 22 knot rule can be applied to the situation. You are limited to using longitudinal separation only.



Lesson 1: Longitudinal Separation

28

---

### Purpose

Apply the 44 or 22 knot rule for longitudinal separation

---

### Materials



Handout: *HO01\_L01*

- ⦿ Practice exercise 1 from Lesson 1 handout
  - ⦿ Pen or pencil
- 

### Directions

This exercise takes approximately 30 minutes to complete. Scan the map and flight strips. Write your answers to questions 1-4 in the space provided, indicating whether the 44 or 22 knot rule can be applied to the situation. You are limited to using longitudinal separation only.

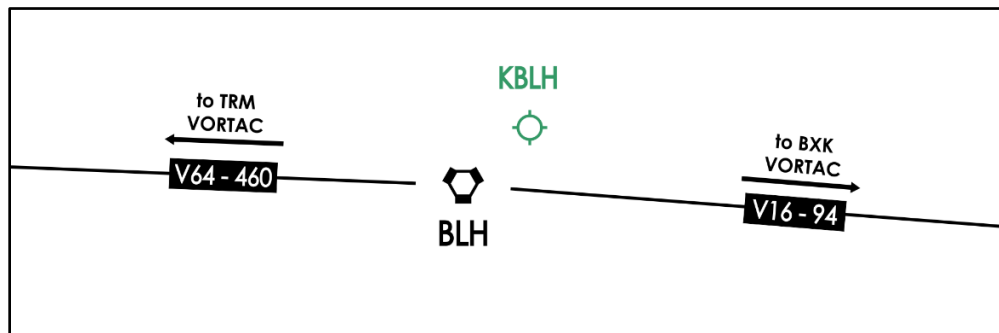


*Allow students to complete each question and review the answer before proceeding to the next question. Flight strips are included in PowerPoint presentation.*

---

# PRACTICE EXERCISE 1: APPLYING 44 OR 22 KNOT SEPARATION (CONT'D)

1.



<b>N84PR</b> C414/T T210 G212 02 <b>226</b> 01	BXK 0220	02 <sup>47</sup> 0247 BLH	80✓	TRM	KDVT PXR V16 BLH V64 SLI KLGB	<b>1572</b>
<b>N21HA</b> C310/T T168 02 <b>206</b> 01		↑ KBLH P0225		TRM 80	KBLH BLH V64 HEMET KHMT/0100	<b>2167</b>

Time is 0248. What is the earliest time N21HA may be released? Explain your answer.

**Answer:** 0252 is the earliest departure time (reported BLH time + 5 minutes).

**Explanation:** N21HA will follow N84PR which has reported over BLH VORTAC.

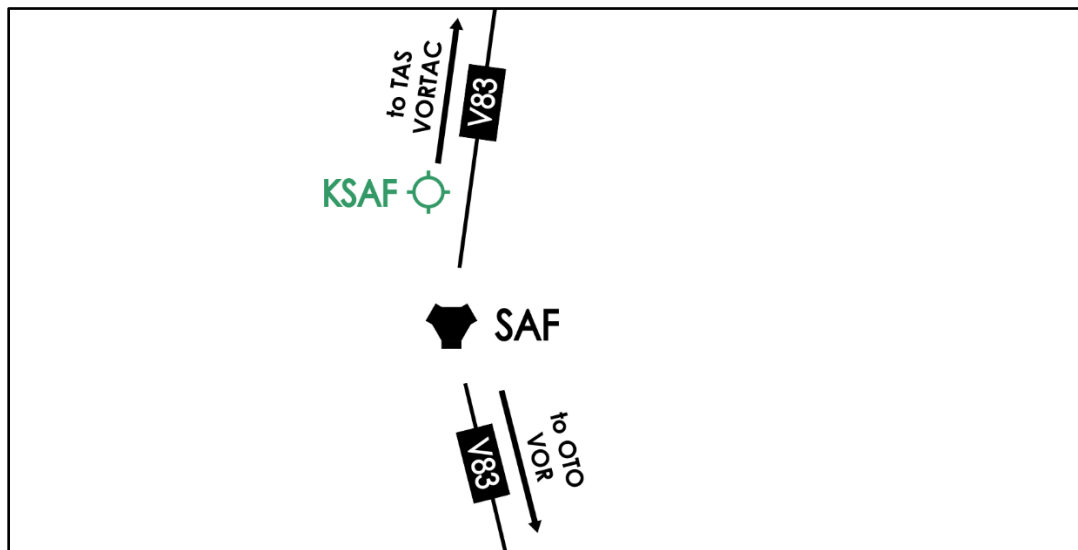
N21HA speed is 168 knots; N84PR speed is 210 knots, 42 knots faster.

Minimum separation is 5 minutes using the 22 knot rule.



# PRACTICE EXERCISE 1: APPLYING 44 OR 22 KNOT SEPARATION (CONT'D)

3.



<b>N7178Q</b> C172/G T130 G111 16 <b>356</b> 01	TAS 0220	20 <sup>22</sup>	90✓	0T0	KMVI ALS V83 CME KROW/0232	1572
		22				
		SAF				
<b>N115LF</b> CL30/L T458 16 <b>701</b> 01			↑	0T0	KSAF SAF V83 0T0 TCS J13 BECON UT13 LMM SJD MMSD/0141	2167
		KSAF	P2030	400		

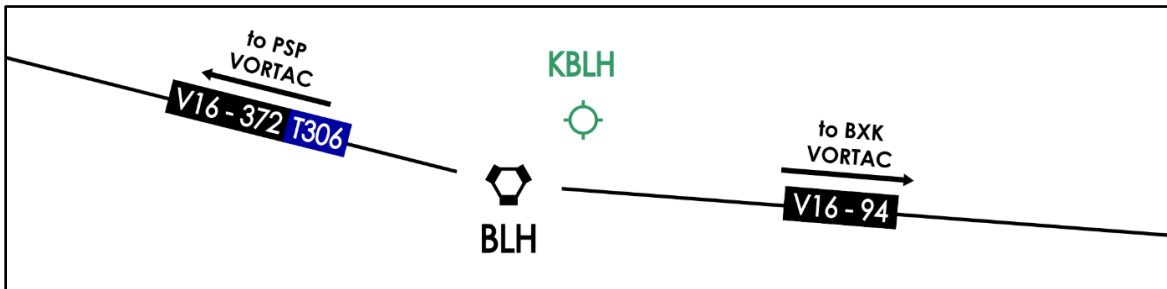
Time is 2023. What is the earliest time N115LF may be released? Explain your answer.

**Answer:** N115LF cannot be released using the 44 or 22 knot rules.

**Explanation:** A slower aircraft may be released after a faster aircraft but there is no provision to release a faster aircraft in front of a slower en route aircraft using the 44 or 22 knot rule.

# PRACTICE EXERCISE 1: APPLYING 44 OR 22 KNOT SEPARATION (CONT'D)

4.



<b>N72AZ</b> PC12/L T244 G232 42 <b>971</b> 04	BXK 1558	16 <sup>22</sup> 22   1622 BLH	80✓	PSP	KPHX BXK V16 PSP KPSP/0109	<b>1572</b>
<b>N323RB</b> SR22/G T155 42 <b>091</b> 01		↑  KBLH P1630		PSP 80	KBLH BLH V16 PSP V386 SOGGI APLES PMD V197 EHF COREZ AVE V107 PXN WINDY SMONE KLVK/0308	<b>2167</b>
<b>N550BZ</b> BE55/G T190 16 <b>701</b> 01		↑  KBLH P1630		PSP 80	KBLH BLH V16 DODGR KEMT/0045	<b>1025</b>

Time is 1625. What is the most efficient order to release N323RB and N550BZ? Explain your answer.

**Answer:** N72AZ has reported BLH. N550BZ is 54 knots slower and can depart now using 3 minute separation with the 44 knot rule. **Explanation:** N323RB is 35 knots slower than N550BZ. N323RB can depart 5 minutes after N550BZ departs using the 22 knot rule.

# PRACTICE EXERCISE 2: APPLYING SAME COURSE SEPARATION

## Practice Exercise 2: Applying Same Course Separation

- **Purpose**

- Apply same course longitudinal separation

- **Materials**

- Practice exercise 2 from Lesson 1 handout
- Pen or pencil

- **Directions**

- This exercise takes approximately 30 minutes to complete. Scan the flight strips. Determine if longitudinal separation can be established. Write your answers to questions 1-2 in the space provided.



Lesson 1 Longitudinal Separation

35

### Purpose

Apply same course longitudinal separation

### Materials



Handout: *HO01\_L01*

- ⦿ Practice exercise 2 from Lesson 1 handout
- ⦿ Pen or pencil

### Directions

This exercise takes approximately 30 minutes to complete. Scan the flight strips. Determine if longitudinal separation can be established. Write your answers to questions 1-2 in the space provided.



*Allow the students to complete each question and review the correct application of longitudinal separation before proceeding to the next example.*

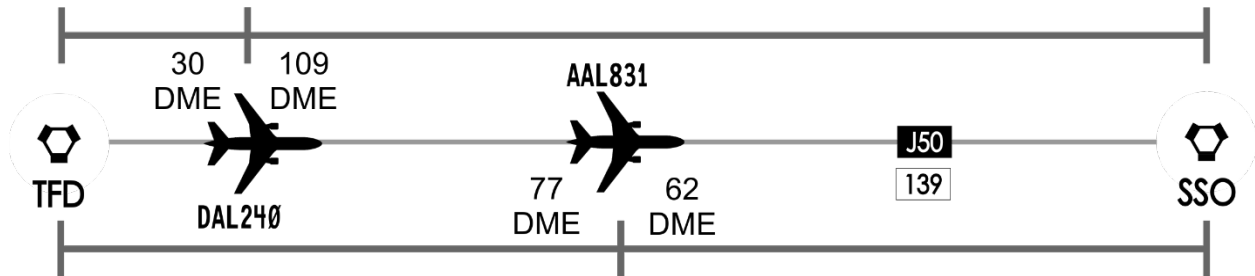


*A map will show you aircraft positions for the student queries. PowerPoint slides are available for each flight strip depiction.*



## PRACTICE EXERCISE 2: APPLYING SAME COURSE SEPARATION (CONT'D)

1.



Use the map above to answer requests for DME reports. If there is no response, prompt the students about possible solutions. TFD VORTAC is "Stanfield" and SSO VORTAC is "San Simon."

<b>DAL240</b> B738/L T448 G456 Ø2 226 Ø1	TFD Ø231	Ø2 <sup>49</sup> 49 SSO	370✓	EWM	KLAX DOTSS2 CNERY BLH J169 TFD J50 SSO J4 INK GEEKY SOCKK3 KDFW	4111
<b>AAL831</b> A319/L T458 G465 Ø2 226 Ø1	TFD Ø225	Ø2 <sup>43</sup> 43 SSO	350✓	EWM	KLAX DOTSS2 CNERY BLH J169 TFD J50 SSO J4 INK GEEKY SOCKK3 KDFW	4306

Time is 0235. DAL240 requests a descent to FL330. Indicate what steps you would use and the minima to apply in order to accommodate this request.

**Answer:** Obtain DME reports to show more than 20 NM in-trail. Issue a descent to

DAL240.

**Explanation:** Speeds are similar. The trailing aircraft is descending, 20 NM

longitudinal separation is needed.

## PRACTICE EXERCISE 2: APPLYING SAME COURSE SEPARATION (CONT'D)

2.

<b>N99329</b> C182/T T124 G131 22 <b>226</b> 01	DEBRA  2150	22 <sup>13</sup>	<b>60</b> ✓	CDS	KROW CME V280 TX0 V530 CDS V14 IRW KOKC	<b>4306</b>
		I3 2214				
		TX0				
<b>N1762T</b> C185/T T135 G142 22 <b>076</b> 01	ACH  2110	22 <sup>09</sup>	<b>80</b> ✓	CDS	KSAF SAF V62 TX0 V530 CDS V14 HBR KHBR	<b>1534</b>
		09 2209				
		TX0				

Time is 2221. N99329 is requesting a climb to 10,000'. Can you issue this clearance? Explain your answer.

**Answer:** Yes.

**Explanation:** N99329 is the slower trailing aircraft climbing. The time is within 10 minute window for altitude changes. The aircraft are 5 minutes in-trail and within 4,000'.

# PRACTICE EXERCISE 3: APPLYING OPPOSITE COURSE SEPARATION

---

## Practice Exercise 3: Applying Opposite Course Separation

- **Purpose**

- Apply opposite course longitudinal separation

- **Materials**

- Practice exercise 3 from Lesson 1 handout
- Pen or pencil

- **Directions**

- This exercise takes approximately 20 minutes to complete. Scan the map and flight strips. Determine if longitudinal separation can be established. Write your answers to questions 1-2 in the space provided.



Lesson 1: Longitudinal Separation

48

---

### Purpose

Apply opposite course longitudinal separation

---

### Materials



Handout: *HO01\_L01*

- ⦿ Practice exercise 3 from Lesson 1 handout
- ⦿ Pen or pencil

---

### Directions

This exercise takes approximately 20 minutes to complete. Scan the map and flight strips. Determine if longitudinal separation can be established. Write your answers to questions 1-2 in the space provided.



*Allow the students to complete each question and review the correct application of longitudinal separation before proceeding to the next example.*



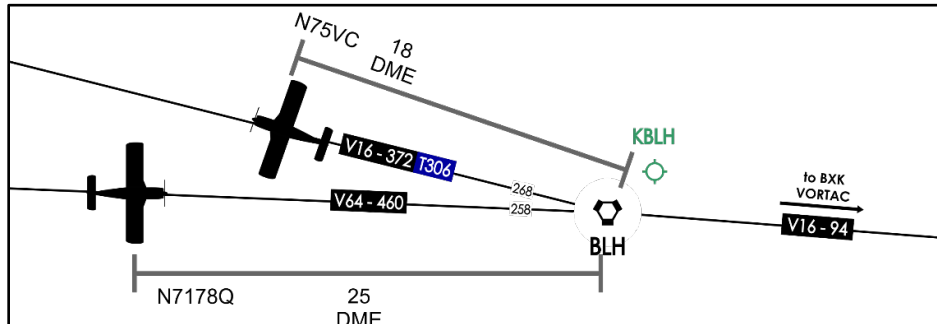
*A map will show you aircraft positions for the student queries. PowerPoint slides are available for each flight strip depiction.*

---

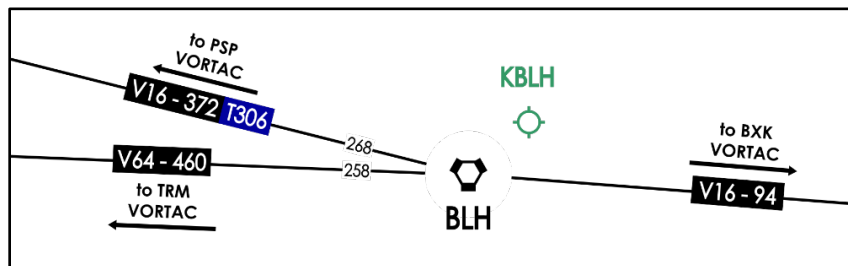
*Continued on next page*

# PRACTICE EXERCISE 3: APPLYING OPPOSITE COURSE SEPARATION (CONT'D)

1.



Use the map above to answer the question on the next page about discontinuing vertical separation using DME reports. If there is no response, prompt the students about possible solutions. **NOTE:** BLH VORTAC is "Blythe".



<b>N7178Q</b> C172/G T130 G111 16 <b>356</b> 04	TRM 1002	10 <sup>48</sup> ↓ 90✓ 48 BLH		KTOA WILMA V64 BLH KBLH/1052	1572
<b>N75VC</b> SH36/A T185 16 <b>079</b> 01		↑ ↑80 60 1025/26 KBLH P1022	PSP 80	KBLH BLH V16 DODGR KEMT/0049 CLV30	4366 D-A

Continued on next page

## PRACTICE EXERCISE 3: APPLYING OPPOSITE COURSE SEPARATION *(CONT'D)*

---

Time is 1034. N7178Q requests lower. How can you provide separation?

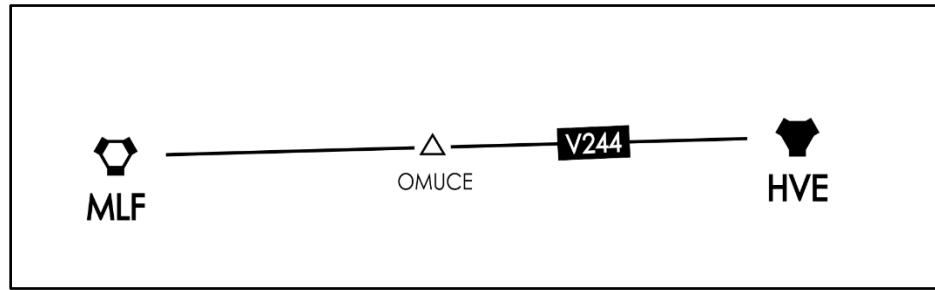
***Answer:*** Ask N75VC to say DME from BLH (Blythe). Clear N7178Q to maintain 9,000' until the DME mileage reported by N75VC.

---

***Explanation:*** The DME aircraft is below 10,000' so DME/ATD slant range is not an issue. The aircraft have passed the same DME and vertical separation *can be discontinued.*

---

2.



<b>N14HJ</b> PC12/A T180 G194 23 <b>773</b> 04	HVE	01 <sup>14</sup>	160✓	EWM	KGUC HBU V244 TPH KTPH/0221  RP OMUCE/58	1534
	0041	14				
		MLF				
<b>N161JW</b> BE20/A T230 G215 23 <b>226</b> 03	TFD	00 <sup>43</sup>	170✓	HVE	KCDC V235 MLF V244 MTK KMTJ/0136  RP OMUCE/58	2654
	0231	43 0043				
		MLF				

Time is 0058. N161JW is requesting lower. Can you issue the clearance? Explain your answer.

**Answer:** No.

**Explanation:** The aircraft are not 3 minutes apart. However, when 1 1/2 minutes has passed since the reports, a descent can be issued.